

# Community Reinforcement Approach

## Supporting Psychological Interventions Across Scotland

Stirling Management Centre, University of Stirling, Stirling FK9 4LA

Tuesday 25 - Thursday 27 January 2011  
10.00am – 5.00pm each day

The Community Reinforcement Approach (CRA) is a well-established, evidence-based intervention designed to help people make changes in their alcohol and drug use. With its emphasis on helping people create a lifestyle that they would choose over alcohol and other drugs, CRA incorporates the principles of recovery into a structured intervention. CRA was designed to blend reinforcement management with a social systems approach, with an emphasis on working with complex, multiple areas of need.

Delivered by  
**Dr Robert Meyers**

Further information about the course is available from:

**Dr Laura Freeman**

*Educational Projects Manager, Psychological Interventions Team*  
NHS Education for Scotland.

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Please complete the attached application form and return it to the Psychological Interventions Team booking email: [pিতেambookings@nes.scot.nhs.uk](mailto:pিতেambookings@nes.scot.nhs.uk)

*This event is a part of a programme of training offered by the Psychological Interventions Team of NHS Education for Scotland, with the aim to promote and enhance recovery-orientated systems of care for people with alcohol and other drug problems by providing high quality, evidence-based training in psychological interventions.*

*This event is funded by NES and a limited number of places with overnight accommodation will be available to increase the accessibility for remote and rural areas within Scotland.*